

Jay/Westfield School Menu

November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 <h1 style="font-size: 4em; margin: 0;">Thank You</h1> <p style="font-size: 1.2em; margin: 0;"><i>for serving our country & protecting our freedoms!</i></p>			1 Nachos w/Lettuce & Tomato Fresh Salsa Spanish Rice Salad Bar Assorted Fruit Cup Fresh Fruit	2 Fish Nuggets Potato Wedges Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	3 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Menu Subject to change according to availability	
Daily Breakfast Mon: Bagels w/ Cream Cheese & Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns Assorted Cold Cereal <i>Offered daily</i>	6 <i>Hamburger or cheeseburger</i> <i>Sweet potato fries</i> Green beans Salad Bar Farm fresh milk Fresh fruit Assorted fruit cups	7 <i>Tacos</i> Brown Rice <i>Lettuce, Tomato, salsa</i> Assorted fruit cup Fresh fruit Farm fresh Milk	8 <i>Mac and Trees</i> Steamed Carrots Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	9 Boneless Ribs Potato wedges Carrots Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh milk	10 OFF Veteran's day	We support New England companies: Green Mt. Farm to School Berry Creek Brault's Meat Market Jay Community garden Cold Hollow Cider	
Available Every Day Yogurt w/Toast Bagel Assorted Cereal Homemade Granola Fresh Fruit	13 Chicken Nuggets Roasted potato Wedges Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	14 Lasagna Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	15 Chicken Fajitas w/Lettuce & Tomato Salsa & Black Bean Spanish Rice Assorted fruit Salad Bar Farm fresh milk	16 BBQ Pork Sandwich Roasted Veggies Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	17 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Breakfast Prices: Paid \$.1.25 Reduced Free Adults \$2.25 Lunch Paid 2.25 Reduced Free Adults \$3.65	
"This is an equal opportunity provider."	20 Roast Turkey Mashed Potatoes Stuffing Carrots Salad Bar Fresh Fruit Assorted Fruit Cup Farm Fresh Milk	21 <i>Ground beef</i> stroganoff Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	22 Happy	23 Thanks	24 giving!	Salad Bar available Everyday	
	27 Build a Grinder Turkey Soup Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	28 Hot dog on a Bun Baked Beans Salad Bar Assorted Fruit cup Fresh Fruit Farm Fresh Milk	29 Chicken Stir Fry Brown Rice Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	30 Baked Chicken And Stuffing Corn Assorted Fruit Cup Fresh Fruit Farm Fresh Milk			