

Jay/Westfield School Menu

May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Fish Nuggets <i>Potato Wedges</i> Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	2 <i>Hamburger or cheeseburger</i> <i>Sweet potato fries</i> Green beans Salad Bar Farm fresh milk Fresh fruit Assorted fruit cups	3 <i>Mac and Trees</i> Steamed Carrots Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	4 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Menu Subject to change according to availability
Daily Breakfast Mon: Bagels w/ Cream Cheese & Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns Assorted Cold Cereal <i>Offered daily</i>	7 <i>Sheppard's pie</i> <i>Corn Bread</i> Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh milk	8 Tacos w/Lettuce & Tomato Salsa & Black Bean Spanish Rice Assorted fruit Salad Bar Farm fresh milk	9 <i>Pork Rib Sandwich</i> <i>Baked Potato</i> Squash Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	10 <i>Ground beef stroganoff</i> Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	11 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	We support New England companies: Green Mt. Farm to School Berry Creek Brault's Meat Market Jay Community garden Cold Hollow Cider
Available Every Day Yogurt w/Toast Bagel Assorted Cereal Homemade Granola Fresh Fruit	14 Nachos w/Lettuce & Tomato Fresh Salsa Spanish Rice Salad Bar Assorted Fruit Cup Fresh Fruit	15 Meatball Subs Sweet Potato Fries Broccoli Salad Bar Assorted fruit cups Fresh fruit Farm fresh milk	16 Chicken and Noodles Carrots Salad Bar Assorted fruit cups Fresh fruit Farm fresh milk	17 Chicken Patty on a Bun Roasted Potato Wedges Assorted fruit cups Fresh fruit Farm fresh milk	18 Brunch Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Breakfast Prices: Paid \$1.25 Reduced Free Adults \$2.25 Lunch Paid 2.25 Reduced Free Adults \$3.65
"This is an equal opportunity provider."	21 Chicken and stuffing Mashed potatoes Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	22 Build a Grinder Turkey Soup Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	23 Hot dog on a Bun Baked Beans Salad Bar Assorted Fruit cup Fresh Fruit Farm Fresh Milk	24 Pasta and Meat Sauce Green Beans Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	25 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Salad Bar available Everyday
	28 Memorial Day	29 Chicken and Biscuits Mashed Potato Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	30 Chicken and Cheese Quesadillas Refried beans Brown Rice Assorted Fruit Cup Fresh Fruit Farm fresh Milk	31 Roast Pork Baked Potatoes Squash Assorted Fruit Cup Fresh Fruit Farm Fresh Milk		