

# Jay/Westfield School Menu

## May 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> <b>Fish Nuggets</b> <i>Potato Wedges</i> Broccoli Salad Bar  Assorted Fruit Cup Fresh Fruit Farm fresh Milk	<b>2</b> <i>Hamburger or cheeseburger</i> <i>Sweet potato fries</i> Green beans  Salad Bar Farm fresh milk Fresh fruit Assorted fruit cups	<b>3</b> <i>Mac and Trees</i> Steamed Carrots  Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>4</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	<b>Menu Subject to change according to availability</b>
<b>Daily Breakfast</b> Mon: Bagels w/ Cream Cheese & Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns Assorted Cold Cereal <i>Offered daily</i>	<b>7</b> <i>Sheppard's pie</i> <i>Corn Bread</i> Salad Bar  Assorted Fruit Cup Fresh Fruit Farm fresh milk	<b>8</b> Tacos w/Lettuce & Tomato Salsa & Black Bean Spanish Rice  Assorted fruit Salad Bar Farm fresh milk	<b>9</b> <i>Pork Rib Sandwich</i> <i>Baked Potato</i> Squash  Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>10</b> <i>Ground beef stroganoff</i> Broccoli Salad Bar  Assorted Fruit Cup Fresh Fruit Farm fresh Milk	<b>11</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	We support New England companies: <b>Green Mt. Farm to School</b> <b>Berry Creek</b> <b>Brault's Meat Market</b> <b>Jay Community garden</b> <b>Cold Hollow Cider</b>
<b>Available Every Day</b>  Yogurt w/Toast Bagel Assorted Cereal Homemade Granola Fresh Fruit	<b>14</b> <b>Nachos w/Lettuce &amp; Tomato</b> <b>Fresh Salsa</b> <b>Spanish Rice</b>  Salad Bar Assorted Fruit Cup Fresh Fruit	<b>15</b> Meatball Subs Sweet Potato Fries Broccoli  Salad Bar Assorted fruit cups Fresh fruit Farm fresh milk	<b>16</b> Chicken and Noodles Carrots Salad Bar  Assorted fruit cups Fresh fruit Farm fresh milk	<b>17</b> Chicken Patty on a Bun Roasted Potato Wedges  Assorted fruit cups Fresh fruit Farm fresh milk	<b>18</b> Brunch  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Breakfast Prices: Paid \$1.25 Reduced Free Adults \$2.25  Lunch Paid 2.25 Reduced Free Adults \$3.65
<b>"This is an equal opportunity provider."</b>	<b>21</b> Chicken and stuffing  Mashed potatoes Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>22</b> Build a Grinder Turkey Soup Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>23</b> Hot dog on a Bun Baked Beans Salad Bar  Assorted Fruit cup Fresh Fruit Farm Fresh Milk	<b>24</b> <b>Pasta and Meat Sauce</b> <b>Green Beans</b>  Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>25</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	<b>Salad Bar available Everyday</b>
	<b>28</b> <b>Memorial Day</b>	<b>29</b> Chicken and Biscuits Mashed Potato Peas Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>30</b> Chicken and Cheese Quesadillas Refried beans Brown Rice Assorted Fruit Cup Fresh Fruit Farm fresh Milk	<b>31</b> <b>Roast Pork</b> Baked Potatoes Squash  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk		