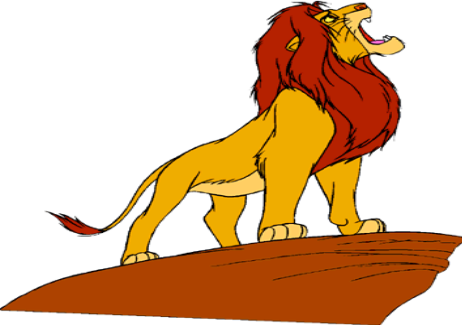


Jay/Westfield School Menu

March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1 Off	2 Off	Menu Subject to change ac- cording to availability
Daily Breakfast Mon: Bagels w/ Cream Cheese & Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns <i>Assorted Cold Cereal Offered daily</i>	5 Off	6 Off	7 Fish Nuggets <i>Potato Wedges</i> Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	8 Chicken and cheese Quesadillas Refried beans Brown rice Assorted fruit Cups Farm fresh milk	9 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	We support New England companies: Green Mt. Farm to School Berry Creek Brault's Meat Market Jay Community garden Cold Hollow Ci-der	
Available Every Day <i>Yogurt w/Toast</i> Bagel <i>Assorted Cereal</i> Homemade Granola Fresh Fruit	12 <i>Beef Stroganoff</i> Broccoli <i>Assorted fruit cup</i> Salad Bar <i>Farm fresh milk</i>	13 Roast Pork Baked Potatoes Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	14 Brunch Salad Bar Assorted Fruit Farm fresh milk Ski Day	15 Tacos w/Lettuce & Tomato Fresh Salsa Spanish Rice Salad Bar Assorted Fruit Cup Fresh Fruit	16 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Breakfast Prices: Paid \$1.25 Reduced Free Adults \$2.25 Lunch Paid 2.25 Reduced Free Adults \$3.65	
"This is an equal opportunity provider."	19 Chicken Patties <i>Roasted potato Wedges</i> Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	20 Lasagna Peas Salad Bar Assorted Fruit Cup Fresh Fruit <i>Farm Fresh Milk</i>	21 Chicken Fajitas w/Lettuce & Tomato Salsa & Black Bean Spanish Rice Assorted fruit Salad Bar Farm fresh milk	22 BBQ Pork Sandwich <i>Rice Pilaf</i> Salad Bar <i>Assorted Fruit Cup</i> Fresh Fruit <i>Farm Fresh Milk</i>	23 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Salad Bar available Everyday	
	26 Roasted Chicken Baked Potatoes Carrots Salad Bar Assorted Fruit Farm fresh Milk	27 Hot Dogs Baked Beans Peas Salad Bar Assorted Fruit Farm fresh Milk	28 <i>Pasta and Meat sauce</i> <i>Green Beans</i> <i>Salad Bar</i> <i>Assorted Fruit</i> <i>Farm fresh Milk</i>	29 Chicken Stir Fry Steamed Brown Rice Salad Bar Assorted Fruit Farm fresh Milk	30 Off	