


Jay/Westfield School Menu

January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>ZingerBug.com</p>	1 Happy New Year!	2 Tacos Salsa and all the extras Brown Rice Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh milk	3 Boneless Ribs Potato wedges Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh milk	4 Fish Sticks Sweet potatoes Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	5 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Menu Subject to change according to availability
Daily Breakfast Mon: Bagels w/ Cream Cheese & Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns Assorted Cold Cereal Offered daily	8 Chicken Nuggets Roasted potato Wedges Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	9 BBQ Pork Sandwich Rice Pilaf Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	10 Lasagna Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	11 Chicken Fajitas w/Lettuce & Tomato Salsa & Black Bean Spanish Rice Assorted fruit Salad Bar Farm fresh milk	12 OFF	We support New England companies: Green Mt. Farm to School Berry Creek Brault's Meat Market Jay Community garden Cold Hollow Ci-der
Available Every Day Yogurt w/Toast Bagel Assorted Cereal Homemade Granola Fresh Fruit	15 OFF	16 Ground beef stroganoff Broccoli Salad Bar Assorted Fruit Cup Fresh Fruit Farm fresh Milk	17 Grilled Cheese Chicken Noodle Soup Salad Bar Fresh Fruit or Assorted Fruit Cup Farm Fresh milk Ski Day	18 Sheppard's Pie with corn bread Salad Bar Assorted Fruit cup Fresh Fruit Farm Fresh Milk	19 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Breakfast Prices: Paid \$1.25 Reduced Free Adults \$2.25 Lunch Paid 2.25 Reduced Free Adults \$3.65
"This is an equal opportunity provider."	22 Oven Roasted chicken Baked potato Green beans Salad Bar Assorted fruit Fresh fruit Farm fresh Mi	23 Hot dog on a Bun Baked Beans Salad Bar Assorted Fruit cup Fresh Fruit Farm Fresh Milk	24 Pork Chow mein Spanish Rice Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	25 Pasta and meat sauce Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	26 Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Salad Bar available Everyday
	29 Chicken Patty on a Bun French Fries Salad Bar Assorted Fruit Cups Fresh Fruit Farm Fresh Milk	30 Nachos with salsa and all the extras Brown Rice Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	31 Brunch for Lunch Salad Bar Assorted fruit Cup Farm fresh milk			