

# Jay/Westfield School Menu

## February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p><b>1</b> Roasted chicken Mashed potatoes Salad Bar</p> <p>Assorted Fruit Cup Fresh Fruit <i>Farm Fresh Milk</i></p>	<p><b>2</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day</p> <p>Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit</p>	<p><b>Menu Subject to change according to availability</b></p>
<p><b>Daily Breakfast</b> Mon: Bagels w/ Cream Cheese &amp; Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns <i>Assorted Cold Cereal Offered daily</i></p>	<p><b>5</b> <i>Hamburger or cheeseburger</i> <i>Sweet potato fries</i> Green beans</p> <p>Salad Bar Farm fresh milk Fresh fruit Assorted fruit cups</p>	<p><b>6</b> <i>Chicken and Biscuits</i> Mashed Potato Peas Salad Bar</p> <p>Assorted Fruit Cup Fresh Fruit Farm Fresh Milk</p>	<p><b>7</b> <b>Fish Nuggets</b> <i>Potato Wedges</i> Broccoli Salad Bar</p> <p>Assorted Fruit Cup Fresh Fruit Farm fresh Milk</p>	<p><b>8</b> <b>Chicken and cheese Quesadillas</b> <b>Refried beans</b> <b>Brown rice</b></p> <p>Assorted fruit Cups Farm fresh milk</p>	<p><b>9</b></p> <p style="font-size: 2em;"><b>OFF</b></p>	<p>We support New England companies: <b>Green Mt. Farm to School</b> <b>Berry Creek</b> <b>Brault's Meat Market</b> <b>Jay Community garden</b> <b>Cold Hollow Ci-der</b></p>
<p><u>Availablely Every Day</u></p> <p><i>Yogurt w/Toast</i> <i>Bagel</i> <i>Assorted Cereal</i> <i>Homemade Granola</i> <i>Fresh Fruit</i></p>	<p><b>12</b> <i>Chicken and Noodles</i> <i>Roasted Veggies</i></p> <p>Assorted fruit cup Salad Bar Farm fresh milk</p>	<p><b>13</b> Roast Pork Baked Potatoes Peas Salad Bar</p> <p>Assorted Fruit Cup Fresh Fruit Farm Fresh Milk</p>	<p><b>14</b> Grilled Cheese Tomato Soup Salad Bar</p> <p>Assorted Fruit Farm fresh milk</p> <p style="text-align: center;">Ski Day</p>	<p><b>15</b> <b>Tacos w/Lettuce &amp; Tomato</b> <b>Fresh Salsa</b> <b>Spanish Rice</b></p> <p>Salad Bar Assorted Fruit Cup Fresh Fruit</p>	<p><b>16</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day</p> <p>Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit</p>	<p><b>Breakfast Prices:</b> Paid \$1.25 Reduced Free Adults \$2.25</p> <p><b>Lunch</b> Paid 2.25 Reduced Free Adults \$3.65</p>
<p style="color: red;"><b>"This is an equal opportunity provider."</b></p>	<p><b>19</b> <b>Chicken Nuggets</b> <i>Roasted potato Wedges</i> Broccoli Salad Bar</p> <p>Assorted Fruit Cup Fresh Fruit Farm fresh Milk</p>	<p><b>20</b> <b>Lasagna</b> Peas Salad Bar</p> <p>Assorted Fruit Cup Fresh Fruit <i>Farm Fresh Milk</i></p>	<p><b>21</b> Chicken Fajitas w/Lettuce &amp; Tomato Salsa &amp; Black Bean Spanish Rice</p> <p>Assorted fruit Salad Bar <i>Farm fresh milk</i></p>	<p><b>22</b> <b>BBQ Pork Sandwich</b> <i>Rice Pilaf</i> <i>Salad Bar</i> Assorted Fruit Cup Fresh Fruit Farm Fresh Milk</p>	<p><b>23</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day</p> <p>Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit</p>	<p><b>Salad Bar available Everyday</b></p>
	<p><b>26</b> <b>Vacation</b></p>	<p><b>27</b> <b>Begins</b></p>	<p><b>28</b></p>			