


Jay/Westfield School Menu

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1 Pepperoni, Cheese , or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	Menu Subject to change according to availability
Daily Breakfast Mon: Bagels w/ Cream Cheese or Muffins Tue: Pancakes or French Toast Wed Sausage or Ham Sandwich Thru: Scrambled Eggs Fri: Cinnamon Buns <i>Assorted Cold Cereal Offered daily</i>	4 Chicken Patty on a Bun French Fries Carrots Salad Bar Assorted Fruit Cups Fresh Fruit Farm Fresh Milk	5 Chicken and Biscuits Mashed Potato Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	6 Ski Day	7 Meatball Sub Sweet Potato Fries Green Beans Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	8 Pepperoni, Cheese , or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup	We support New England companies: Green Mt. Farm to School Berry Creek Brault's Meat Market Jay Community garden	
Availablely Every Day Yogurt w/Toast Assorted Cereal Homemade Granola Fresh Fruit	11 Chicken and Noodles Roasted Veggies Assorted fruit cup Salad Bar Farm fresh milk	12 Sheppard's Pie Corn Bread Assorted fruit cup Salad Bar Farm fresh milk	13 Nachos w/Lettuce & Tomato Fresh Salsa Spanish Rice Salad Bar Assorted Fruit Cup Fresh Fruit	14 Pasta and meat sauce Peas Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	15 Pepperoni, Cheese , or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup	Breakfast Prices: Paid \$.1.25 Reduced Free Adults \$2.25 Lunch Paid 2.25 Reduced Free Adults \$3.65	
"This is an equal opportunity provider."	18 Hamburger or cheeseburger Sweet potato fries Green beans Salad Bar Farm fresh milk Fresh fruit Assorted fruit cups	19 Mac and Trees Steamed Carrots Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	20 Ski Day	21 Chicken Quesadillas Brown Rice Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	22 Pepperoni, Cheese , or Hawaiian Pizza Garden Slaw Soup of the Day Salad Bar Low Fat Dressing Assorted Fruit Cup	Salad Bar available Everyday	
	25 Happy Holidays! See You Next Year.	26					