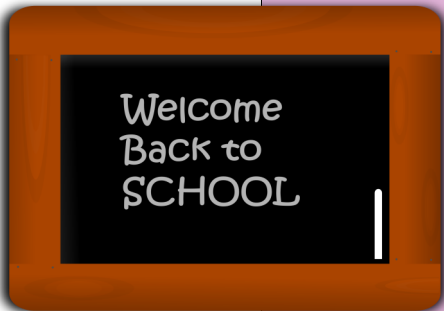


# Jay/Westfield School Menu

## August /September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>28</b> <i>Ground beef stroganoff</i> Delicata smiles Salad Bar  Assorted Fruit Cup Fresh Fruit Farm fresh Milk	<b>29</b> Build a Grinder Pasta Salad Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>30</b> <i>Sheppard's Pie with corn bread</i>  Salad Bar  Assorted Fruit cup Fresh Fruit Farm Fresh Milk	<b>31</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	<b>Menu Subject to change according to availability</b>
	<b>Daily Breakfast</b> Mon: Bagels w/ Cream Cheese or Muffins Tue: Pancakes or French Toast Wed Sausage or Ham and Egg Sandwich Thur.: Scrambled Eggs and Toast Fri: Cinnamon Buns	<b>3</b> <b>Labor Day</b>	<b>4</b> Hot dog on a Bun Baked Beans Salad Bar  Assorted Fruit cup Fresh Fruit Farm Fresh Milk	<b>5</b> Pork Chow mien Spanish Rice Salad Bar  Assorted Fruit Cup Fresh Fruit <b>Farm Fresh Milk</b>	<b>6</b> Pasta and meat sauce Peas Salad Bar  Assorted Fruit Cup Fresh Fruit <i>Farm Fresh Milk</i>	<b>7</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit
<b>Available Every Day</b>  Yogurt Toast Assorted Cereal Homemade Granola Fresh Fruit	<b>10</b> Chicken Patty on a Bun French Fries  Salad Bar  Assorted Fruit Cups Fresh Fruit Farm Fresh Milk	<b>11</b> Chicken and Biscuits Mashed Potato Peas Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>12</b> Meatball Sub Sweet Potato Fries Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>13</b> <b>Chicken and cheese Quesadillas</b> <b>Refried beans</b> <b>Brown rice</b>  <b>Assorted fruit Cups</b> <b>Farm fresh milk</b>	<b>14</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	<b>Breakfast Prices:</b> Paid \$1.25 Reduced Free <b>Adults \$2.25</b>  <b>Lunch</b> Paid 2.25 Reduced Free <b>Adults \$3.65</b>
<b>"This is an equal opportunity provider."</b>	<b>17</b> <i>Chicken and Noodles</i> Roasted Veggies  Assorted fruit cup Salad Bar Farm fresh milk	<b>18</b> Roast Pork Baked Potatoes Peas Salad Bar  Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>19</b> <b>Nachos w/Lettuce &amp; Tomato</b> <b>Fresh Salsa</b> <b>Spanish Rice</b>  Salad Bar Assorted Fruit Cup Fresh Fruit	<b>20</b> <b>Fish Nuggets</b> <i>Potato Salad</i> Broccoli Salad Bar  Assorted Fruit Cup Fresh Fruit Farm fresh Milk	<b>21</b> <i>Pancakes with Maple Syrup</i> Sausage Home Fries  Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>Salad Bar available Everyday</b>
	<b>24</b> <i>Hamburger or cheeseburger</i> Sweet potato fries Green beans  Salad Bar Farm fresh milk Fresh fruit Assorted fruit cups	<b>25</b> <b>Boneless Ribs</b> <b>Potato wedges</b> Carrots Salad Bar  Assorted Fruit Cup Fresh Fruit Farm fresh milk	<b>26</b> <i>Tacos</i> <b>Brown Rice</b> Lettuce ,Tomato, Back bean salsa  Assorted fruit cup Fresh fruit Farm fresh Milk	<b>27</b> <i>Mac and Trees</i> Steamed Carrots  Salad Bar Assorted Fruit Cup Fresh Fruit Farm Fresh Milk	<b>28</b> Pepperoni, Cheese, or Hawaiian Pizza Garden Slaw Soup of the Day  Salad Bar Low Fat Dressing Assorted Fruit Cup Fresh Fruit	